



Patricia Katz, MCE CHRP
Productivity and
Balance Strategist

Introduction – Patricia Katz

Just like you ... today's presenter, Patricia Katz, is all too familiar with the pressures of life in the 21st century.

Described as the 'voice of sanity in a speed-crazed world', Pat has devoted the last 30 years to helping leaders & organizations build more engaging workplaces and more satisfying lives.

She's a best selling author who also writes *Pause*, a weekly online newsletter enjoyed by over 5000 subscribers. Pat is a Certified Human Resource Professional. She holds a Masters in Continuing Education, & is a member of the Canadian Speaking Hall of Fame. On the personal side, this Saskatoon based consultant is a traveler, an artist, a mom, a grandmother, & a wife of 41 years.

Today, Pat is here to encourage and inspire us to live and work in ways that ease the load and fuel the spirit.

Please join me in a warm welcome for ...
Patricia Katz!

Press Pause



Think Again

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